

CMS Parent Suggestions for Remote Learning

	Suggested amount of minutes engaged in optional supplemental learning per course per week
4-5	60 minutes
6-8	90 minutes
9-12	120 minutes

How can I support my student as a remote learner?

- Familiarize yourself with your student's remote learning opportunities.
- Make sure your student participates in teacher check-ins, independent study and reading time, and any collaborative time with group members. (See suggested student schedule sample).
- Check your child's remote learning program (Google Classroom, Canvas) optional supplemental learning assignments.
- Pay attention to opportunities for check-ins with your child's teacher, counselor, etc.
- Encourage students to do their best when completing supplemental learning opportunities.
- Remind students to self-advocate and communicate openly with concerns and needs during teacher check-in's, if needed.
- Support your student in starting the Remote Learning Day early. Waiting until the late afternoon or evening to start work adds unnecessary stress and creates missed opportunities for collaboration and feedback.
- Remind your student to take frequent breaks to stay focused.
- Find a dedicated workspace to maximize time on task and facilitate remote supplemental learning.